



Trapeze Arts is committed to having a healthy and safe 2020 camp session for our campers. We will be modifying our rules this year due to COVID-19. All of these modifications are coming from the guidance of the Alameda County Health Care Agency and the American Camp Association.

Unfortunately, we will not be able to have an "in-person" camp show this year, but we are going to try to offer a remote viewing option instead. Details will be provided during the camp week. And for those campers who have been coming to camp for 3 years or more, don't worry, you will still get your socks!!!!

Please read the information below as you will be asked to sign off that you have read these new rules before each camper starts their week of camp.

2020 Trapeze Arts Camp Rules:

- We are limiting our camp weeks to a maximum of 15 campers. The campers will be split into 3 groups of 5 for the week. The groups will be constant throughout the week. All family members will be in the same group.
- Along with fans being on in the building, in multiple locations, the roll up door at the back of our large space will be open throughout the camp day to allow for constant air flow. (please have your camper bring a sweatshirt as the morning might be a bit chilly)
- **Drop off:** the office will open the main door 15 minutes prior to the start of the camp day, (8:45am for a 9:00am start). The exception to this will be on Monday, the first day of camp, when we will arrive at 8:30am. To minimize contact with others, only one adult will be allowed to accompany the campers into and out of the gym. Please be mindful of social distancing when arriving and departing.
 - COVID-19 Waiver: we will be emailing an additional COVID-19 waiver that **must be signed** and returned on the first day of camp. (this is in addition to the registration form, medical forms and general liability waiver that were already emailed to you)
 - If your camper(s) will not be attending a day of camp for any reason, the office must be notified. If a camper starts to get symptoms of COVID-19, (<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>), the office must be notified ASAP.

- **Entering the building:** After entering the building, please go to the office window to register your child(ren).
 - All forms will be collected at this time (registration form, medical form, liability waiver & COVID-19 waiver)
 - You will be asked to fill out a Sign in and Sign out sheet. This form will include a section where a parent will need to initial every day that your camper(s) do not have any symptoms of COVID-19. On the first day, you will also sign off that you have read the Summer Camp Procedures document. *Please bring your own pen.*
 - All campers will put their belongings in an assigned area. After campers have put their belongings away they **MUST** wash their hands for 20 seconds before entering the gym.
 - The camp staff will then greet them and start the day.

- **Camp :**
 - **Staff:** Our staff are required to wear face coverings during camp. Also, we are limiting the number of staff this year and there will not be any teenage helpers. We will be closely monitoring staff health and making sure that no one has any symptoms of COVID-19.
 - We will start each week of camp talking to the campers about COVID-19 and how to be safe not only on equipment but while in the facility. This meeting will include, but is not limited to discussing the following:
 - Making the campers aware of the additional signage around the facility regarding COVID-19 and proper etiquette (for hand washing, covering their faces and staying six feet apart)
 - Letting them know where the hand sanitizers and bathrooms are located around the facility.
 - Letting them know that during certain times of the day we will be requiring them to wash their hands for 20 seconds between activities/or after meals.
 - Letting them know that we will be cleaning the equipment between activities throughout the day
 - We will be marking off spots/circles (6 feet apart from each other) within the gym on where they are to stay at each activity in order to practice good social distancing.
 - How to properly wear their face masks (by covering both their nose and mouth)
 - We will have rotating schedules for snack time and lunch, again to practice good social distancing.
 - Letting the campers know that if they feel sick at any time, they are to let the camp staff know immediately

- OVERVIEW OF ACTIVITY STRUCTURE

- **Flying Trapeze**

In keeping with social distancing guidelines, we will not be doing catches on the flying trapeze. Even without catching there is still plenty to learn and work on! Due to the close proximity, our board instructors will be wearing a full face shield and a face mask.

We will still have chalk available for everyone's use; chalk is a desiccant and will not spread the virus. However, if you would feel more comfortable using your own, you are welcome to bring it with you to class.

We will not be lending out the school's grips (palm guards) to students. Gauze grips and leather grips are available for purchase.

Trapeze Arts is the manufacturer of the safety belts used by most Circus schools and by Club Med Resorts. We will continue to provide safety belts and they will be disinfected between users. However, if you prefer to purchase your own belt, we will offer you a discount!!

Our staff will also be disinfecting the ladder, riser, seating area, and trapeze bar.

- **Aerial Station**

Each camper will be assigned their own piece of aerial equipment each day, and they will use only that apparatus for the rotation. Instructors will also have their own piece of equipment and area for demonstrations. Instructors will be relying on talking students through skills when possible and avoiding hands on spotting whenever possible.

We will rotate through apparatuses over the course of the week.

Rosin will not be shared between students or instructors. **Please send an old sock along with your camper on the first day as each camper will be making their own rosin sock!**

Each student will have a designated area in which to sit

- At the end of each Aerial rotation, students will be required to wipe down the mats and any equipment they used. The coach will spray the mats and equipment, and then the student will wipe them down with paper towels.

This method is being used in order to limit the number of people that touch the spray bottle cleaner.

- In addition to daily sanitizing, we will be washing the silks weekly in a washing machine.

- **Trampoline**

- As before, campers will be working on skills one at a time on the trampoline
 - Students will wait for their turn in designated spots while maintaining social distancing.
 - There will be no hand-spotting but safety lines and safety harnesses may be used.
 - Personal safety harnesses are encouraged, but use of Trapeze Arts harnesses will be permitted.
 - If you would like to use the fabric throw mats, please bring 1-2 fitted sheets (either twin or full-sized) to cover the mats during your turns.
 - Socks are required on the trampoline
 - Trampoline entry/exit points, mats and end decks will be sanitized between classes
- **Pick up:** Please be prompt when picking up your child(ren), camp ends at **3pm**. If you arrive before the end of the camp day, you will not be able to enter the gym. We will unlock the front gate at 3p and one adult per camper will be allowed to come into the facility to sign out their camper(s). If you have other children in the car, if it is possible, please leave them in the car to wait for you. Your child(ren) will be ready to go promptly at 3pm so the pick up process won't take long. When you enter the building to sign out your camper(s) you will be required to wear a mask. *Please bring your own pen.*
 - **After Care:**
 - After care will still be available from 3pm to 5pm
 - This is a quiet time for the campers and they will not be on any circus equipment. We welcome children to bring books or other activities. We often show videos of professional circus shows and if that happens we will be mindful of social distancing.
 - **Health Screening:**
 - Campers and staff will be screened daily for fevers or cough before entering the facility
 - Children or staff who are sick with other illnesses that meet the usual exclusion criteria should also stay home.

- If a staff member or child shows signs of respiratory illness (a new cough, complaints of sore throat, or shortness of breath), a fever of 100°F or above, they will be safely isolated with a staff member, and be sent home as soon as possible.
- Seek medical care immediately if symptoms, such as a high fever or difficulty breathing, become more severe.
- **Stay home when sick:**
 - Staff and children should stay home when they are sick.
 - If a child or a staff member has a new cough or other illness symptoms, they should not come to camp, even if they have no fever. It is not uncommon for people, including children, with COVID-19 to have a cough without fever, especially early in the course of illness.
- **What we will do if there is a confirmed positive COVID-19 case in the camp**
 - We are required to report all confirmed COVID-19 cases to the Alameda County health department
 - The Alameda County health department will then guide us on the steps to take and we will keep the parents notified on the procedures via email.
- **Cleaning:** The staff of Trapeze Arts will be cleaning the facility throughout the day as well as at the end of the day. Our cleaning guideline is from the Alameda County Health Care Agency:

Areas	After Each use/rotation	Daily, at the end of the day	Weekly	Comments
Door & cabinet handles		Clean, Disinfect		
Floors		Clean		
Computer Keyboards	Clean, Sanitize			
Phone Receivers		Clean		
Bathroom: Toilets, sinktops, faucets & floors		Clean & Disinfect		

Dressing Room: tables		Clean & disinfect		
FT: ladder	Clean between rotations	Clean & disinfect		
FT: Bar		Will re-wrap the bar each night		Will replace the bar after each rotation
Side room:	Clean between rotations	Clean & disinfect		
Aerial Section	Clean between rotations	Clean & Disinfect	Tissues will be washed each week	Each student will have their own station

Thank you for trusting us with your children! We understand that these are very challenging and unprecedented times. We are committed to providing a safe, secure, and fun environment, as we always have, while being mindful of the new reality in which we all live. While the day to day structure of camp will be different from years past, the fun and excitement that our activities provide will still be the same!!